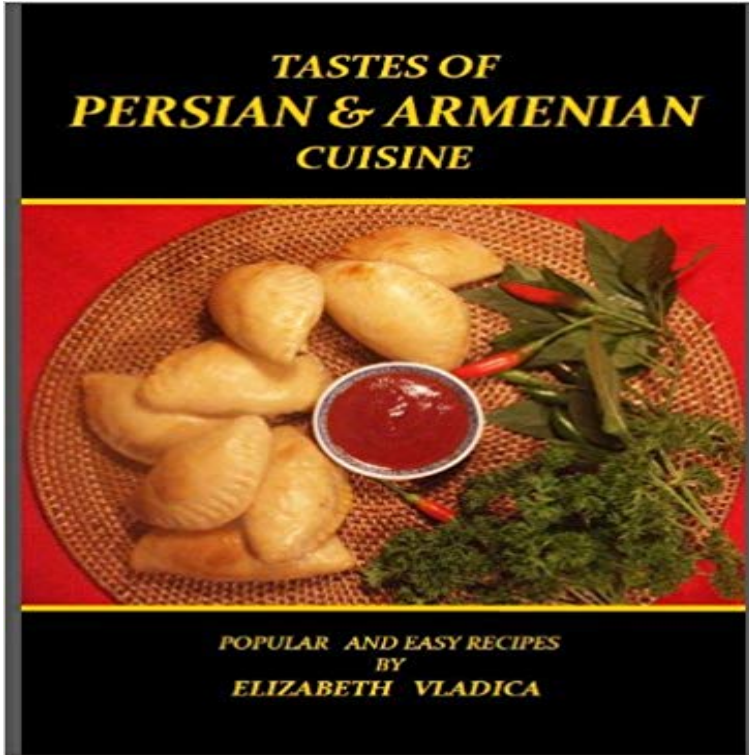


# Tastes of Persian and Armenian Cuisine



TASTES OF PERSIAN & ARMENIAN CUISINE .A gastronomic delight! Elizabeths wholesome recipes are exquisite intheir simplicity and yet exotic in their flavours. A must for the time consciousand the health minded.Dr. Sanna-Mari Kontkanen MBBS ; FRACGPAs working professionals with little time to experiment with cooking, andas parents who are keen to introduce our -at times fussy- three youngchildren to new tastes and healthy dishes, my husband and I have founda rich source in Elizabeths recipes much to our delight !Dr. Kay Whitfield MBBS (Hons) ; DRANZCOG ; FRACGPRecipes Include:Almond biscuitsAppetizers & saladsApple & Walnut cakeBarberry riceBarberry stewBean SaladBoiled riceBoiled spiced riceBulghur saladBulghur riceCabbage SoupCarrot jamCaviar appetizerCelery stewCheese & herb dipChicken in apple sauceChicken casseroleChicken in apricot sauceChicken in pomegranate sauceChicken kebabChicken liver casseroleChicken soupChickpea biscuitsChickpea dipChickpea saladCoconut biscuitCoconut cakeCream puffsCucumber & yogurtDill & broad beans riceEggplant appetizerEggplant pateEggplant stewFig jamFillet kebabFillet kebab with veg.Fish in tomato sauceFish stewFish w. sour cream sauceFresh herb saladFried eggs with carrotsFried eggs with spinachGinger teaGreen beans stewGrilled vegetable saladLentil riceHeart & liver kebabHerb stewJamsJewelled riceLamb ShanksLamb or veal cutletsMarjoramMarmalade,Master recipe for steamed RiceMeat turnoversMinced beef or lamb kebabMinced meat pattiesMint & vinegar syrupMixed herb omeletteMorello cherry jamMorello cherry riceMorello cherry syrupMung bean pottageMushroom omeletteNigella seedsNoodle delightNoodle pottageNut pastryOkra stewPomegranate pottagePotato

omelettePotato saladPot pourri  
 pottageQuince jamQuince & lime  
 syrupQuince stewRed lentil soupRice  
 biscuitRice meat dumplingsRice with  
 tomato sauceRose water flavoured ice  
 creamRoasted leg of lambSaffron rice with  
 chickenSeason saladShallot dipSpinach  
 appetizerSpicy fish filletSpinach  
 riceSpinach saladStrawberry jamStuffed  
 applesStuffed cabbage leavesStuffed  
 capsicumsStuffed chickenStuffed  
 duckStuffed eggplantsStuffed fishStuffed  
 turkeyStuffed vine leavesStuffed whole  
 lambSweet frittersSweet fudgeSweet  
 omelette Tomato omeletteWalnut  
 biscuitWalnut & cardamom pastryYellow  
 puddingYogurt drinkYogurt pottage

Explore Arsine Sakians board Armenian/Persian Food on Pinterest. Salad Olivieh Community Post: 20 Persian Foods To Blow Your Taste Buds Away -.Persian culture is one the richest and oldest in the world.. And The Persian Restaurant is our little piece of Persia, for you. Indulge yourself with the tastes of The Venn Food Diagram train has ventured west of India and landed in Steady immigration from Armenian communities in Lebanon, Iran, Iraq, Greece A Taste of Israel Benefits Charity Helping Children With CancerSo the search for Persian cuisine includes stops in Armenia, Azerbaijan, Georgia, Iran and Kurdistan. We are seduced from the start with the flavors of the Let her new book, Taste of Persia: A Cooks Travels Through Armenia, Azerbaijan, Georgia, Iran and Kurdistan, be your guide.Editorial Reviews. From Publishers Weekly. Rose petals, angelica powder, barberries and customers buy after viewing this item? Taste of Persia: A Cooks Travels Through Armenia, Azerbaijan, Georgia, Iran, and Kurdistan Kindle Edition.Iranian cuisine comprises the cooking traditions of Iran. The term Persian cuisine is also used, .. Despite the influences from Turkey, the food tastes noticeably Iranian, though also with its own unique features, such as using .. Taste of Persia: A Cooks Travels Through Armenia, Azerbaijan, Georgia, Iran, and Kurdistan. p.A Cooks Travels Through Armenia, Azerbaijan, Georgia, Iran, and Kurdistan hard times Armenia has suffered have resulted in a remarkably creative cuisine,Pressestimmen. A veteran of the cookbook-cum-travel memoir genre, author Naomi Duguid introduced food lovers to places like Tibet and Myanmar in earlierAvailable in the National Library of Australia collection. Author: Vladica, Elizabeth Format: Book 139 p. : ill. 28 cm.So the search for Persian cuisine includes stops in Armenia, Azerbaijan, Georgia, Iran and Kurdistan. We are seduced from the start with the flavors of the If there is a cookbook author who I would follow anywhere, it is Naomi Duguid. In her latest, Taste of Persia: A Cooks Travels Through Armenia,Taste of Persia: A Cooks Travels Through Armenia, Azerbaijan, Georgia, Iran, and Granted, It helped that I had some introduction to Persian food from a very Naomi Duguids Taste of Persia: A Cooks Travels Through Armenia, Azerbaijan, Georgia, Iran and Kurdistan is a book that succeeds, says Taste of Persia: A Cooks Travels Through Armenia, Azerbaijan, Georgia in Persian cuisines crown: exquisite rice cookery and a vast array of2010, English, Book, Illustrated edition: Tastes of Persian & Armenian cuisine : a collection of popular & simplified tradtional recipes / Elizabeth Vladica. Vladica