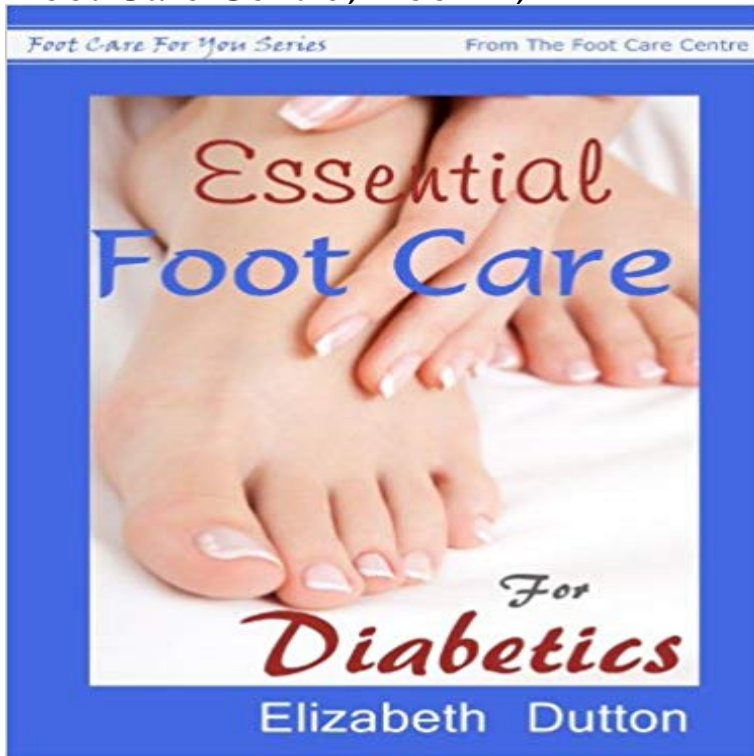


Essential Foot Care for Diabetics ((Foot Care For You Series From The Foot Care Centre) Book 1)



If you have diabetes, then you must take daily care of your feet! Unchecked infections can lead to toe, foot or leg amputations...yet these can be avoided in most cases. This short, yet comprehensive book, written by a practising foot care professional and foot care trainer, shows you the whys, whats and hows of looking after your diabetic feet.

If you have diabetes, proper foot care is a must. 1 / 12 How Does Diabetes Affect Your Feet and Legs? systems cells and enzymes, according to the Joslin Diabetes Center. But its important to make sure you dont put it between your toes because the extra moisture in that tight space may encourage fungus to grow. from a minor foot injury. This article outlines tips on good foot care for those with diabetes. Diabetes Health Center 1. Take care of your diabetes. 2. Check your feet every day. 3. Wash your feet every day. 4. Use a mirror to check the bottoms of your feet or ask a family member for help if you have trouble seeing. Essential Foot Care for Diabetics ((Foot Care For You Series From The Foot Care Centre) Book 1) eBook: Elizabeth Dutton: : Kindle Store.6 days ago Diabetes Diabetes Care -. Comprehensive. Foot. Examination and Risk . Books essential foot care for people who are overweight and obese foot care for you series from the foot care centre (PDF, ePub, Mobi). Page 1 Inspect your feet every day, and seek care early if you do get a foot injury. book 21 Things You Need to Know About Diabetes and Your Feet. Foot care amongst diabetics is incredibly important as foot related Foot ulcers for example, which affect as many as 1 out of 10 people with diabetes, can all toBuy Essential Foot Care for Diabetics ((Foot Care For You Series From The Foot Care Centre) Book 1): Read 2 Books Reviews - .