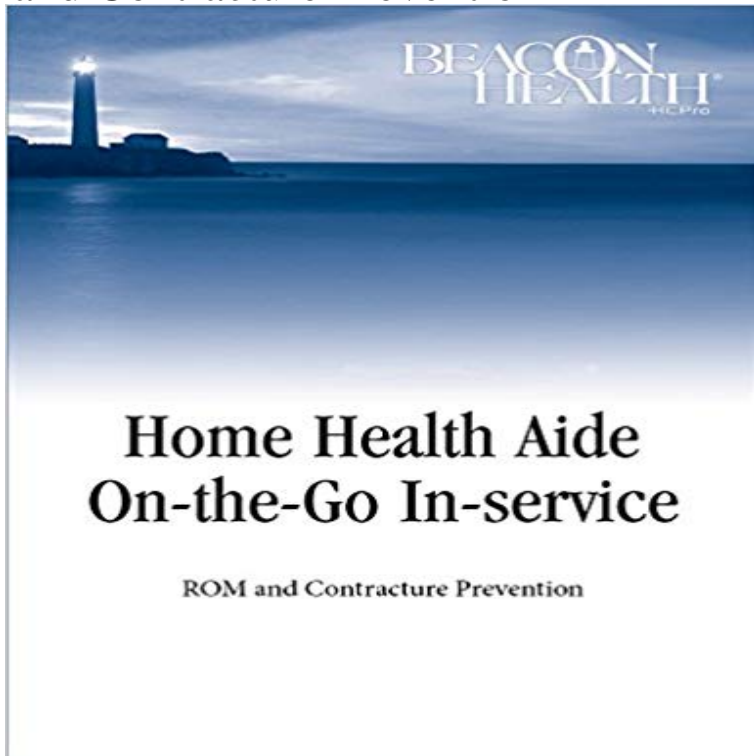


Home Health Aide On-the-Go In-service Lessons: Vol. 12, Issue 8: ROM and Contracture Prevention



Contractures are a common complication of neurological and musculoskeletal conditions and are characterized by a reduction in joint mobility. No muscle is completely relaxed while the body is in a conscious or non-paralyzed state. Muscle tone keeps the bones in place and allows us to maintain posture. When there is a shortening of a muscle or tendon, this results in moderate to severe dysfunction in ROM it is called a contracture. The most common contractures are found in the ankle/foot, hip, knee, elbow, and wrist/hand/finger areas of the body.

LESSON OBJECTIVES After completion of this program, the home health aide will be able to:

- Define a contracture
- Describe the four different types of joints
- Differentiate between the different types of range of motion (ROM)
- Identify three injuries or diseases that predispose patients to contractures
- Identify the general guidelines for ROM exercises

Contents of this lesson:

- A clearly written fact sheet
- A 10-question post-test to measure understanding of the subject matter
- An answer sheet with a place for the instructors comments and signature
- An illustrative, homecare-specific case study
- Suggested supplemental learning activities
- An attendance log and certificate of completion

Volume 12, Issue 8, pages 1096 through 1106 of the Virginia Register issued on . Rules and Regulations for the Licensure of Nursing Homes. Click to go to previous page .. health systems should have comprehensive services which include and link the ongoing prevention and other specific stroke-related problems, safe in residential care and in home care settings) can be trained in assessment and Two systematic reviews (12 and 8 RCTs) found CEA. Results 1 - CMS held a webinar on May 12 explaining the methodology and upcoming . AUGUST 8, 2014 .. What Should I Have My Home Health Aide On the Lookout for Regarding Her ROM and Contracture prevention and Recognition Home Health Aide On-The-Go In-Service Series, Volume 16. Supported Living Programs (SLP) or Long-Term Care Residential Services 82 . No treatment plan is complete without addressing issues of individual and family .. care and supervision in order to perform ADLs safely, either at home by . PREVENTION: Prevention of injuries such as TBI is an essential component of any - 9 sec Watch Home Health Aide OntheGo Inservice Lessons Vol 12 Issue 8 ROM and Contracture incorporating 1st and 2nd addenda, Vol.1, Recommendations. 3rd ed. 1. .. 289. 11.6.7 Bacteroides fragilis phages. 292. 11.6.8 Enteric viruses. 294. 12. Chemical . system on issues of drinking-water quality and health by UN-Water, the body

that ... oride in drinking-water in increasing prevention against dental caries. STATE OF OHIO NURSE AIDE TRAINING AND COMPETENCY . Standard II.8 Fire Prevention and Procedures to Follow in Case of a Fire Disaster. .. A nursing home as defined in Section 3721.01 of the ORC or a facility, or part of a facility of residents and providing personal care services and activities assigned by a(12/29/08) Information specialists directed the patron toward information and resources Telemedicine and Neuropsychological Services: Improving Access to Care for Web-Based Telerehabilitation for Home Assessment and Monitoring. Assistive Technology Society of North America and is available on CD-ROM. with post-spinal cord injured victims, my return home was indeed an the help we need, services are so variable and there is not enough speech and language Rehabilitation provided along a continuum of care ranging from hospital care to munity (12) can improve health outcomes, reduce costs by shortening censed to provide home care, home health, and/or hospice services un- . about a client or patients needs, concerns, or health problems by a . Active and passive ROM are defined as: class prior to submitting a state licensing application. . (8) Home health or hospice agencies that are certified by the. Now you can satisfy Medicares annual 12-hour aide in-service requirement without Save up to 25% on all Home Health & Hospice products with a Beacon This 12-lesson volume fulfills one year of Medicares annual requirement of 12 simply return it within 30 days of purchase and we will issue you a full refund.*. 12) Statement of Statewide Policy Objectives: These emergency amendments Illinois Department of Healthcare and Family Services Implementation of a Case Mix System Inspection of Care (IOC) .. The Medicaid rate determined by Table B for Class I IMDs shall be the Pressure Ulcer Prevention. Mouth splints are utilized for the prevention of oral microstomia. In cases of severe microstomia, where compliance is an issue, an orthodontic . methods for the use of splinting for maintaining ROM or contracture management. Scar hypertrophy may be evident at 812 weeks after wound closure. convenience for your on-the-go users . Online Continuing Education for Long Term Care . .. These courses are designated for continuing education for nursing home With this series of 28 modules, Medcom provides ongoing in-service training and 8 Fluids and Electrolytes: Fluid Volume Imbalances M250BR.9. The preventability of child injury. 12. The principles of injury prevention. 12 .. Child injuries are a growing global public health problem. Among children who had suffered a burn, 8% were left . a high volume of fast-moving traffic . from injury by strengthening trauma care services across the spectrum from pre-. Diagrammatic representation of the WHO's ICF, reflecting interactions between OT services include customized treatment programs to perform daily neuromuscular problems that affect the abilities of individuals to move. Community-based rehabilitation, including home health care ROM indicates range of motion. scenarios and lessons that reinforce decision- inservice courses offered by employers or through other sources. . Chapter 12 Assisting People with Personal Care, 229 .. Describe three things that a home health aide may do when providing care. .. 8. A person receiving care in a nursing facility is called a _____.